1607/666.

EVERY MAN

HIS OWN

PHYSICIAN.

A

BRITISH MUSEUM
30 OCT 68

EVERY MAN
HIS OWN
PHYSICIAN.

BEING,

A complete Collection of efficacious and

APPROVED REMEDIES,

For every DISEASE incident to the

HUMAN BODY.

WITH

Plain Inſtructions for their common Uſe.

Neceſſary to be had in all families, particularly thoſe reſiding in the Country.

By JOHN THEOBALD, M. D.
Author of MEDULLA MEDICINÆ,

Compiled at the Command of his Royal Highneſs the Duke of CUMBERLAND.

Diſeaſes are cured, not by eloquence, but by remedies; ſo that if a perſon without any learning be well acquainted with thoſe remedies that have been diſcovered by practice, he will be a much greater phyſician than one who has cultivated his talent in ſpeaking without experience.

CELSUS.

DUBLIN:
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OCT

PREFACE.

ALTHOUGH publiſhers of receipts have been always very numerous, yet it has ſo happened, that the leaſt able have hitherto undertaken this taſk, as the moſt eaſy and likely to anſwer any mercenary views; which ſeems to have been the reaſon, that more able perſons have neglected it as an under part of their profeſſion. Nevertheleſs, I have perſuaded myſelf, that I ſhould perform a work, neither entirely void of uſe, nor foreign to the duties of my profeſſion, if I made the public partakers of the principal helps againſt moſt diſeaſes, which I had either learned by long experience, or ſelected from the

writings of the moſt eminent phyſicians; as theſe receipts are publiſhed chiefly for the uſe of perſons reſiding in the country, whoſe convenience nor abilities, will allow of the attendance of a phyſician or apothecary, I have ſtudied plainneſs in my ſtile, and in my directions, with regard to the treatment of diſeaſes, that I might render this treatiſe as uſeful as poſſible.

J. THEOBALD.

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Every Man his own Phyſician.

ACHES AND PAINS.

RUB a little Opodeldoch upon the part affected two or three times in a day, and wear a flannel upon it.

AFTER-PAINS.

TAKE one ſcruple of Sperma-Ceti, five grains of volatile ſalt of Hartſhorn, five drops of balſam of Peru, and half a drachm of Venice Treacle; make this into a bolus, with as much ſyrup of White Poppies as is ſufficient to make it into a bolus; to be repeated

peated every ſix hours till the pains abate. Cover the woman up warm and let her drink plentifully of caudle.

A G U E.

FIRST vomit the ſick perſon, by giving half a drachm of powder of Ipecacoanha and work it off with Chamomile tea; then let the ſick perſon take the following powder:

Of the beſt Peruvian bark powder'd, one ounce, of Virginia Snake Root, and ſalt of Wormword, each one drachm; mix theſe well together, and divide them into eight doſes, one paper to be taken every two hours, in a glaſs of red wine or any other liquid. This is a certain and infallible cure; but care muſt be taken to adminiſter it only in the intervals of the fits, but it muſt be repeated for two or three days, about ten days after the firſt cure, or elſe the diſorder will frequently return. In obſtinate

caſes,

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caſes, removing into a drier air has been found of great ſervice.

SAINT ANTHONY'S FIRE.

LET the ſick perſon loſe eight or ten ounces of blood, and repeat the bleeding more than once if the ſymptoms run high, and apply to the part a poultice of white bread and milk, with a little Hogs Lard in it; let the poultice be changed twice in a day, and every other morning take the following purge, till the diſorder is cured, viz.

Glauber's ſalt one ounce, Manna half an ounce, mix and diſſolve it in warm water for one doſe.

The diet in this diſeaſe muſt be very low, chiefly Water Gruel, or at moſt weak broth, all ſtrong liquors muſt be avoided as poiſon.

APOPLEXY.

CUPPING in the nape and ſides of the neck is always uſeful, provided the ſcarifications are deep enough to give a free paſſage to the blood, ſtimulating clyſters and warm purges are alſo of ſervice, as is alſo the following electuary: Take half an ounce of powder'd Heath Valerian, and one ounce and an half of conſerve of Orange Peel, and mix them together; doſe the quantity of a nutmeg every four hours. Apply a ſtrong bliſter to the back, the diet muſt be ſparing.

APPETITE, want of.

DRINK Chamomile tea every day an hour before dinner, or take ten drops of acid elixir of Vitriol in a glaſs of water, about two hours before dinner, and about two hours after dinner every day.

ASTHMA.

DISSOLVE two drachms of gum Ammoniacum in half a pint of Pennyroyal water, and add one ounce of oxymel of Squills. Three large ſpoonfuls of this mixture to be taken frequently. Bleeding is generally proper, and malt liquors muſt be avoided, being very pernicious.

BALDNESS.

RUB the part frequently with an onion till it looks red.

BLEEDING at the Noſe.

APPLY to the back part and ſides of the neck a linen cloth dipt in cold water in which ſal Prunella has been diſſolved.

Spit-

Spitting of BLOOD.

TAKE Red roſe leaves dried, half an ounce, twenty drops of oil of Vitriol, one ounce and an half of refined ſugar, and pour two pints and an half of boiling water on theſe ingredients in an earthen veſſel; let it ſtand to be cold, and take half a quarter of a pint frequently.

BLOODY FLUX.

BLEED firſt, then given the following vomit; half a drachm of powder of Ipecacoanha, work it off with Chamomile tea, repeat this vomit every other day, for three or four times. Clyſters made of fat mutton broth are of great ſervice; the ſick perſon muſt abſtain from malt liquors.

BOILS.

APPLY a plaiſter of Diachylon with the gums once every day till they are cured.

BRUISES,

BRUISES, Internal.

TAKE a large ſpoonful of cold drawn Linſeed oil two or three times in a day.

BRUISES, External.

APPLY a poultice of ſtale beer grounds and oatmeal, with a little Hog's lard, or bathe the part with a little ſpirits of Wine and Camphire.

BURNS AND SCALDS.

TAKE May butter unſalted, and white wax, of each ſix ounces, oil of Olives half a pint, Lapis Calaminaris one ounce and an half; melt the wax and butter with the oil, and ſtir in the Lapis Calaminaris finely powder'd, till it is too hard to let it ſettle. This is to be ſpread on a fine rag, and applied once a day, and is an excellent ointment for the above purpoſes.

CANCER.

BOIL a quarter of a pound of Guaiacum ſhavings in ſix pints of water, till it comes to four pints, drink a pint of this decoction twice a day, milk warm.

CHOLICK.

TAKE two ounces of Daffy's Elixir, and repeat it as occaſion may require.

CONSUMPTION.

A Milk diet, riding on horſeback, country air, and bleeding frequently in ſmall quantities, at each time taking away not more than ſix ounces of blood, are the moſt efficacious remedies in this diſtemper; ſnails boil'd in milk have ſometimes been of ſervice, as is alſo the Peruvian bark, when it does not occaſion a purging.

CONVULSIONS in Children.

GIVE three or four drops of the tincture of Wood ſoot in a tea ſpoonfull of water frequently.

COSTIVENESS.

TAKE the ſize of a nutmeg of Lenitive Electuary every morning, or as often as occaſion requires.

COUGH.

TAKE oil of ſweet Almonds and ſyrup of Balſam, of each two ounces, four ounces of Barley water, and thirty drops of ſpirits of Sal Volatile; ſhake them well together, and take two large ſpoonfuls when the cough is troubleſome.

DECAYS, ſee CONSUMPTIONS.

DEAF-

DEAFNESS.

SYRINGE the ears well with ſome warm milk and oil, then take a quarter of an ounce of liquid Opodeldoch, and as much oil of Almonds, mix them well, and drop a few drops into each ear, ſtopping them with a little cotton or wool; repeat this every night going to reſt.

DELIVERY, to promote.

DIVIDE one grain of purified Opium into two pills, to be taken one ſix hours after the other.

DIABETES.

TAKE of the ſhavings of Saſſafras two ounces, Guaiacum one ounce, Liquorice root three ounces, Coriander ſeeds, bruiſed, ſix drachms; infuſe them cold, in one gallon of Lime-

Lime-water for two or three days. Doſe half a pint three or four times in a day.

N. B. Lime water is made by pouring twelve pints of boiling water on a pound of unſlackt lime; when it is cold it is fit for uſe.

DROPSY.

TAKE powder of Jalap, cream of Tartar and Florentine Iris, of each a quarter of an ounce, mix them; the doſe is from thirty to forty grains every other day. On the intermediate days take the quantity of a large nutmeg, every night and morning, of the following electuary: Take two drachms of powder'd Chamomile flowers, as much Ginger, and half the quantity of prepared Steel, make it into an electuary with two ounces of Conſerve of Orange Peels.

Dry

Dry BELLY-ACH.

GIVE frequently the following clyſter; take dry'd Mallow leaves an ounce, Chamomile flowers, and ſweet Fennel ſeeds, of each half an ounce; water, a pint; boil it for uſe. Take half a pint of this decoction and add two ſpoonfuls of ſweet oil, and half an ounce of Epſom ſalt, mix it for a clyſter to be repeated frequently. The warm bath is very proper in this caſe.

EAR-ACH.

THE ſmoke of Tobacco blown into the ear is excellent.

EXCORIATIONS in Children.

DISSOLVE a little white Vitriol in ſpring water, and dab the part with it, which will heal preſently.

DIS-

DISORDERS of the Eyes.

AN excellent Eye water. Take two grains of ſugar of Lead, diſſolved in a quarter of a pint of ſpring water.

An OINTMENT for the Eyes.

DIP a feather in a little ointment of Tutty, and gently rub it croſs the eyes every night going to ſleep.

FAINTING.

APPLY to the noſtrils and temples ſome ſpirits of Sal Armoniac, and give a few drops in a wine glaſs of water inwardly.

FALLING SICKNESS.

TAKE of Peruvian bark powder'd one ounce, of wild Valerian root half an ounce,

of

of ſyrup of Orange Peel a ſufficient quantity, make an electuary of this, and let the patient take the quantity of a nutmeg, after proper evacuations morning and evening for three months together, and then repeat it three or four days before the new and full moon.

FEVERS, Inflammatory.

BLEED to the amount of ten or twelve ounces, vomit with half a drachm of Ipecacoanha, work it off with Chamomile tea; if coſtive, inject as often as occaſion requires, the clyſter directed under the article of the *Dry Belly-Ach*, and give inwardly the following mixture: Take of ſalt of Wormwood half a drachm, Lemon-juice three quarters of an ounce, ſalt of Prunella ten grains, ſpring water one ounce; mix them together for one doſe, and repeat it every ſix hours.

NER-

NERVOUS FEVERS.

A Vomit is neceſſary when the ſickneſs and load of the ſtomach is urgent; if the body is coſtive, clyſters of milk, ſugar and ſalt may be injected every ſecond or third day. Bliſters muſt be applied to the nape of the neck, head and legs, the ſick perſon muſt be kept quiet in body and mind, opiates are commonly hurtful; a little wine may he allowed, and thin wine whey is proper for common drink. Give the following draught every ſix hours: Take ſalt of Hartſhorn ten grains, Lemon-juice half an ounce, ſimple Mint water one ounce and an half, compound ſpirits of Lavender and ſyrup of Saffron of each one drachm and an half, mixt.

FISTULA.

TAKE a quarter of a pound of Elecampane root, three quarters of a pound of Fennell ſeeds, and a quarter of a pound of Black

Pepper, pound theſe ſeparately and ſift them through a fine ſieve; take half a pound of Honey, and half a pound of powder Sugar, melt the honey and the ſugar together over the fire, ſcumming them continually till they become bright as amber, when they are cool mix and knead them into your powder, in the form of a ſoft paſte. The doſe is the ſize of a nutmeg, morning noon and night, drinking a glaſs of wine or water after it.

This is Dr. Ward's receipt for curing fiſtula's.

GIDDINESS.

TAKE twenty drops of tincture of Caſtor in a glaſs of water two or three times in a day.

GOUT.

TAKE a tea ſpoonful of Volatile tincture of Guaiacum every night going to reſt,

in

in a glaſs of water. Be covered warm, and drink plentifully of weak ſack-whey.

GRAVEL AND STONE.

TAKE one pound of Calcined oyſter ſhells, and pour thereon twelve pints of boiling water, ſtrain it when cold, and take half a pint mixt with a little new milk three times in a day, gradually increaſing the quantity, till it amounts to four pints a day.

GREEN SICKNESS.

TAKE thirty drops of the tincture of Black Hellebore two or three times in a day, in a glaſs of water, uſing moderate exerciſe.

GRIPES.

TAKE half a drachm of powder'd Rhubarb, and toaſt it a little before the fire, then add a little powder of Ginger to it and mix it for one doſe, to be repeated as occaſion requires.

HEAD-ACH.

APPLY Leeches behind the ears, and take twenty drops of tincture of Caſtor in a glaſs of water frequently.

HEART-BURN.

TAKE a little chalk ſcrap'd in a glaſs of water.

HYSTERICS.

TAKE Simple Pepper Mint water, twelve ounces, one ounce of powder'd Valerian,

lerian, and half an ounce of Lavender drops, mix them together, and take three large ſpoonfuls two or three times in a day.

Hard SWELLINGS.

APPLY a plaſter of Diachylon with the gums, ſpread thick on leather.

HIP-GOUT.

TAKE a drachm of ætherial oil of Turpentine, with three times as much honey mixt with it every morning, for ſix or ſeven days at fartheſt, drinking plentifully of warm Sack whey after it.

JAUNDICE.

TAKE Venice ſoap half an ounce, oil of Anniſeeds ſixteen drops, mix them well together, and make it into middle ſized pills.

Doſe three or four, two or three times in a day.

INDIGESTION.

TAKE a large ſpoonful of tincture of Hiera Picra every day, an hour before dinner.

INFLAMMATIONS.

TAKE away ten or twelve ounces of blood, and repeat it if neceſſary, give cooling purges, and apply to the part a poultice of bread and milk with ſome ointment of Elder in it.

ITCH.

ANOINT the parts which break out every night with the following ointment: Take Hog's Lard half a pound, flower of Brim-

Brimſtone and Sulphur Vivum, of each two ounces, powder'd cloves one ounce, mixt. Two or three weeks is as little time as can be depended upon, and the ſame linen muſt be worn the whole time.

INTERMITTING FEVER, ſee AGUE.

KING's EVIL.

TAKE a ſcruple of burnt Sponge, and four grains of Rhubarb, mixt for one doſe, to be taken every night and morning with a draught of whey. Drinking ſea-water is very efficacious in curing this diſeaſe.

LEPROSY.

TAKE ſharp pointed Dock roots half a pound, Monks Rhubarb a quarter of a pound, Stick Liquorice and Coriander ſeeds, of each half an ounce, boiled in a gallon of

ſpring water till it comes to three quarts, and to the ſtrained liquor add two ounces of diaphoretic Antimony. Doſe, a pint every morning and evening.

LETHARGY, ſee APOPLEXY.

LOOSENESS.

TAKE half a drachm of Ipecacoanha for a vomit; and work it off with Chamomile tea, abſtain from malt liquors. If this does not entirely remove the looſeneſs, take half a drachm of powder of Rhubarb, made into a bolus, with a little Diaſcordium, and repeat it every day till the looſeneſs is entirely ſtopped.

For common drink the ſick perſon may take Hartſhorn drink, or Rice boiled in water with a little cinnamon.

MADNESS.

TAKE forty drops of tincture of Black Hellebore in a glaſs of water, two or three times in a day.

MEASLES.

FIRST bleed the ſick perſon, then let him or her drink plentifully of the following decoction: Take Pearl barley, Raiſins and Figs, of each two ounces, ſtick Liquorice bruis'd half an ounce, boil them in four quarts of water till it comes to two quarts, ſtrain for uſe and add a quarter of an ounce of Sal Prunella. You muſt purge often after this diſorder, and the diet and management muſt be the ſame as in the Small-pox.

MENSTRUAL DISCHARGE, Exceſſive.

BLEED according to the ſtrength of the patient, and give thirty grains of the following powder in a glaſs of Red wine three times in a day: Take three quarters of an ounce of Alum, and a quarter of an ounce of Dragon's Blood, and mix them together.

MENSTRUAL DISCHARGE, Suppreſſion of.

USE exerciſe and take the quantity of a nutmeg three times a day of this electuary: Take conſerve of dry'd Orange Peel a quarter of a pound, candied Ginger half an ounce, powder of Steel two ounces; mix into the conſiſtence of an electuary with any ſyrup.

MIS-

MISCARRIAGE.

TO prevent miſcarriage. Bleeding is uſeful and neceſſary, about the third month of pregnancy, more, or leſs, according to the conſtitution of the woman with child. The body ſhould alſo be kept open with Manna or Rhubarb, in the firſt months eſpecially.

NERVOUS DISORDERS.

COUNTRY air, exerciſe, and the cold bath, with the mixture directed under the article of *Hyſterics*, will prove a certain cure for every ſpecies of theſe diſorders.

NOISE in the EARS.

MAY be cured by the vapour of a decoction of Roſemary flowers, being conveyed to the ear by a funnel.

A ſafe

A ſafe OPIATE.

TAKE twenty drops of liquid Laudanum in a glaſs of wine and water going to reſt.

OBSTRUCTIONS.

TAKE ſpecies Hiera Picra half an ounce, Salt of Steel one drachm, make it into pills of a moderate ſize, with a little ſyrup of Saffron. Doſe five pills twice a day.

OLD ULCERS.

TAKE a quarter of a pound of Baſilicon, and an ounce and an half of oil of Olives, and mix therewith half an ounce of Verdigreaſe; dreſs the ſore with this ointment, ſpread upon a little tow, after fomenting it well, with a decoction made of Chamomile flowers and Mallow leaves. Take frequently

quently a dose of cooling physick, and live regularly.

PAIN in the STOMACH, see HEART-BURN.

PILES.

TAKE of Lenitive Electuary, one ounce and an half, flowers of Brimstone half an ounce, mixt; the quantity of a nutmeg to be taken every night and morning, apply outwardly a little of this ointment: Take two ounces of white Diachylon, two ounces of sweet oil, and half an ounce of vinegar, mixt.

PALSEY.

BLISTERS are serviceable, and the following drops have frequently afforded great benefit: Take Sal Volatile drops half an ounce,

ounce, Lavender drops, and tincture of Caſtor, a quarter of an ounce each, mix them together; doſe forty drops frequently in a glaſs of wine and water.

PLEURISY.

BLEED frequently till the pain abates, apply a bliſter to the ſide, and take half a pint of the following infuſion twice a day: Take freſh Horſe-dung ſix ounces, and pour on it a pint of boiling Penny-royal water, ſtrain it when cold, and add a quarter of an ounce of Venice treacle, mix for uſe.

QUINSEY, or SORE-THROAT.

BLEEDING is ſometimes neceſſary, and cooling phyſick, but often jelly of Black Currants ſwallowed down leiſurely in ſmall quantities, effects a cure.

RHEU-

RHEUMATISM.

TAKE half a drachm of powder of gum Guaiacum in a draught of warm ale going to reſt, and be covered with a larger quantity of cloaths than uſual, perſiſt in this method a few days, and you will find relief.

RICKETS in Children.

GIVE the child two grains of Ens Veneris, diſſolved in a ſpoonful of wine and water, every night; to this muſt be joined cold bathing, and a ſtrengthning diet.

RETENTION of URINE.

TAKE a quarter of an ounce of Nitre, a drachm of Volatile ſalt of Amber, a quarter of an ounce of powder of Egg ſhells, and half an ounce of fine Sugar, mix together. Doſe as much as will lye on a ſhilling, two or three times

times a day, drinking a draught of Marſh-mallow tea after each doſe.

RUPTURES

ARE cured by applying a piece of ſtrengthning plaſter and a truſs, which may be had of Mr. White Truſs-maker in Fleet-ſtreet London.

SCALD-HEAD.

COVER the head with a Pitch plaſter ſpread on [illegible]er, and give inwardly, one grain c [illegible]mel, made into a pill, with a little conſerve of Roſes, every night going to reſt, and a doſe of cooling phyſick twice in a week.

STRANGURY.

TAKE half a drachm of Camphire, a ſcruple of powder'd Gum Arabic, liquid Lauda-

Laudanum five drops, with a ſufficient quantity of Turpentine to make it into a bolus, to be taken night and morning, drinking a draught of Marſhmallow tea after each doſe.

STITCH in the SIDE, ſee PLEURISY.

SCURVY.

TAKE one ounce of acid elixir of Vitriol, and one ounce of tincture of Peruvian bark, mixt; a tea ſpoonful to be taken twice in a day in a glaſs of water. A decoction of the tops of the ſpruce fir may be taken, the quantity of half a pint twice in a day.

* *

SLOW FEVER, ſee NERVOUS FEVER.

* *

SMALL-POX.

THE ſick perſon muſt be kept in bed, taking care to defend him or her from the incle-

inclemency of the winter, by proper means, and to moderate the exceſſive heat in ſummer by cool air, for the patient ought not to be ſtifled with heat and cloaths, nor ſhould the eruption and perſpiration be check'd by cold. With regard to diet it ought to be very ſlender, moiſtning and cooling, ſuch as water-gruel, pippin-liquor and milk pottage; and in the beginning the beſt regimen is that which keeps the body open, and promotes urine, as figs, Damaſcene Prunes, and Tamarinds, and by giving ſubacid liquors for drink, as Small Beer ſharpened with Orange or Lemmon-juice; whey made with apples boiled in milk, emulſions made with barley water and almonds, or Rheniſh wine plentifully lowered with water.

SHINGLES.

TAKE two ounces of white Diachylon, two ounces of ſweet Oil, and half an ounce of Vinegar, mix together for a liniment,

ment, which ſpread on a piece of fine linen and apply to the part affected, repeating it as occaſion requires; this, with two or three doſes of Glauber's ſalts, will entirely remove this complaint.

* *

STONE, ſee GRAVEL.

* *

SWEATING, Exceſſive.

TAKE twenty drops of acid elixir of Vitriol, in a glaſs of water, two or three times a day.

SWELL'D LEGS.

TAKE the ſame medicines which are adviſed under the article of the Dropſy.

SPOT-

SPOTTED FEVER.

BOIL three drachms of Peruvian bark and Virginia ſnake root in a pint of water, till it comes to half a pint; add a quarter of a pint of good Red Port wine. Doſe a tea cup full every four hours.

TOOTH-ACH.

THE root of Yellow water Flower de Luce rubbed on the tooth which is painful, or chewed in the mouth, in an inſtant, as if by a charm, drives away the pains of the teeth, ariſing from what cauſe ſoever.

THROAT SORE, ſee QUINSEY.

Putrid SORE THROAT.

ALL evacuations which leſſen the ſtrength, particularly bleeding and purging, and

and all cooling medicines, are highly prejudicial. The hot ſteam of a boiling mixture of Vinegar, Myrrh and Honey, is to be received into the throat through an inverted funnel; this cannot be uſed too frequently. The decoction of the Peruvian bark made by boiling an ounce of bark in a pint and a half of water, till it comes to half a pint, and adding a drachm of acid elixir of Vitriol, is the beſt medicine in this diſorder, if given, a tea cup full, every four hours.

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TETTERS.

TAKE four ounces of ſweet Oil, one ounce of white Wax, one ounce of Sperma Ceti, and twenty five grains of Camphire, mix together for a liniment, with which gently touch the tetters three or four times in a day.

THIRST,

THIRST, unquenchable.

A quart of water mixt with an ounce or two of Wine Vinegar will make an agreeable drink.

THRUSH.

RUB the child's mouth with a linen rag dipt in the following mixture: Take honey of roſes an ounce, oil of Vitriol ſix drops, mixt.

TYMPANY.

THE ſame medicines which are directed for the Dropſy, are alſo of ſervice in this diſtemper.

VIOLENT PAINS after DELIVERY, ſee AFTER-PAINS.

VOMIT-

VOMITING.

TAKE Mint water one ounce, Lemon juice half an ounce, a ſcruple of ſalt of Wormwood, mix for one doſe, to be repeated as occaſion may require.

ULCER of the LUNGS.

REQUIRES the ſame treatment as is directed under the article of Conſumptions.

ULCER of the KIDNEYS.

BUTTER milk not very ſour is extremely beneficial, as is alſo an emulſion made of Barley water and ſweet almonds.

ULCER of the BLADDER.

THE Selters mineral water mixed with milk are excellent, as is alſo the conſtant uſe of Spaw water.

ULCER of the WOMB.

AN injection, compoſed of Barley water a pint, and honey of Roſes two ounces, muſt be uſed to the part affected, by the help of a ſyringe, ſeveral times in a day. You may take a ſmall quantity of tincture of Myrrh.

WATERY GRIPES in Children.

TAKE half a drachm of Magneſia, and half a drachm of Rhubarb, mix them together, and give the child three or four grains in its pap every morning, and evening.

WHITES.

APPLY a large ſtrengthning plaſter to the ſmall of the back, and take a quarter of a pint of this decoction, every night and morning: Take Cow's milk half a pint, and

and boil in it one handful of Archangel flowers, and a bit of Cinnamon, ſtrain it for uſe; in obſtinate caſes, bathing in the ſea, and drinking ſea water, is far preferable to any thing elſe.

WIND.

TAKE of the powder of Angelica ſeeds, Carraway ſeeds, and Parſley ſeeds, of each a quarter of an ounce, make them into an electuary with ſyrup of Clove Gilliflowers. Doſe the quantity of a nutmeg at diſcretion.

WHITE SWELLINGS of the Joints.

ANOINT the part with Barbadoes tar before a good fire, two or three times in a day, covering it with a bladder, and drink half a pint of ſea water every morning faſting.

WASTING AWAY of Children.

TAKE ſalt of Tartar, Nitre and Arcanum Duplicatum, of each a quarter of an ounce, Sal Armoniac three drachms, mixt together; a little of this muſt be put into the child's drink, according to its age.

WORMS.

TAKE burnt Hartſhorn and the beſt Scammony in powder, of each a quarter of an ounce, Calomel one drachm, powder of Tin a quarter of an ounce, mixt together, and let the child take eight or ten grains according to its age, every other morning, in a tea ſpoonful of roaſted apple.

GREEN WOUNDS.

DRESS them every day with yellow Baſilicon ſpread on fine lint.

APPEN-

APPENDIX.

A choice receipt to make OPODELDOCH.

TAKE of Hungary water a pint, Caſtile ſoap ſliced three ounces, Camphire an ounce, let them ſtand together in a glaſs cloſe ſtopped, till the Soap and Camphire are entirely diſſolved in the Hungary water.

The CLYSTER Decoction.

TAKE of dried Mallow leaves an ounce, Chamomile flowers, and Fennel ſeeds, of each half an ounce, boil them in a ſufficient quantity of water to ſtrain off about half a pint, then add two ounces of ſweet Oil and it is fit for uſe.

HARTSHORN-DRINK.

TAKE burnt Hartſhorn two ounces, Gum Arabic two drachms, boil them in three pints of water till one pint is waſted away, then ſtrain it and it is fit for uſe.

BARLEY-WATER.

TAKE two ounces of Pearl barley, and waſh it well in cold water, then boil it in half a pint of water for a very little while, this water will look reddiſh, and is to be thrown away, then add four pints of water and boil it away to one half, the remainder is fit for uſe.

An Excellent FOMENTATION.

TAKE Southernwood and Wormwood dry'd, and Chamomile flowers, of each an ounce, Bay leaves dried half an ounce, boil them gently in ſix pints of water, and ſtrain it.

it off for uſe. All green wounds, and old ſores, ſhould be fomented with this, every day before they are dreſſed.

The Infuſion of SENNA.

TAKE three quarters of an ounce of Senna, Cream of Tartar three drachms, Carraway ſeeds bruiſed two drachms; boil the cream of Tartar in half a pint of water till it is diſſolved, then pour the boiling water upon the reſt of the ingredients, and let it ſtand until it is cold, then ſtrain it off, and it is fit for uſe.

A PURGING DRAUGHT.

TAKE of the infuſion of Senna as above directed, two ounces, ſyrup of Buckthorn one ounce, mix them together for one doſe, which may be taken in the morning faſting, three times in a week, and as it is

a ſafe and ſure purge, may be taken in all caſes where purging is proper.

A doſe of cooling Phyſick.

TAKE Glauber's ſalt an ounce, Manna half an ounce, diſſolve them in a little boiling water for one doſe, to be taken as often as occaſion requires.

HIERA PICRA.

TAKE of Sucotorine aloes finely powder'd, a quarter of a pound, Winter's bark finely powder'd, three quarters of an ounce, mix them together.

Tincture of HIERA PICRA.

STEEP an ounce of Hiera Picra, made as above directed, in a pint of Mountain wine, for a week or ten days, by which time it will be fit for uſe.

A Warm

A Warm Purge, proper to be given in the PALSY and APOPLEXY.

TAKE tincture of Hiera Picra two ounces, ſyrup of Buckthorn three quarters of an ounce, Lavender drops a quarter of an ounce; mix them together for one doſe, which may be given in the morning faſting, twice in a week, or as often as occaſion may require.

DAFFY's ELIXIR.

TAKE Raiſins ſtoned four ounces, Senna three ounces, Carraway ſeeds bruiſed one ounce, ſteep theſe ingredients in a quart of Brandy, for three weeks or a month, then ſtrain it off for uſe, and keep it in a bottle cloſe ſtopped.

WHITE DIACHYLON Plaſter.

TAKE Litharge finely powder'd, a pound and a quarter, Sweet Oil a quart, boil them together with a quart of water, till they are thoroughly mixed, and are of a proper conſiſtence for a plaſter, and look quite white, if the water ſhou'd be entirely waſted away, you muſt add ſome more to prevent its turning black.

DIACHYLON with the Gums.

TAKE three quarters of a pound of white Diachylon, two ounces of ſtrained Galbanum, Turpentine and Frankincenſe of each three quarters of an ounce; melt them together over a ſlow fire.

An

An excellent STRENGTHNING Plaſter, ſee page 40 and 48.

TAKE white Diachylon half a pound, Frankincenſe two ounces, and Dragon's Blood three quarters of an ounce; melt the Diachylon over a ſlow fire, and then add the other ingredients finely powder'd, and mix them well together, by ſtirring them continually till the plaſter is quite cold.

Ointment of ELDER

Is made, by boiling the young leaves of Elder in Mutton-ſuet, till they are quite criſp, and the ſuet is of a deep green colour.

Ointment of MARSHMALLOWS.

TAKE half a pound of Marſhmallow roots, of Linſeeds and Fænugreek ſeeds, each three ounces, bruiſe them, and boil them

them half an hour gently, in a quart of water then add two quarts of ſweet oil, and boil them together till the water is quite waſted away, then ſtrain off the oil, and add to the oil a pound of Bees wax, half a pound of yellow Roſin, and two ounces of common Turpentine; melt them together over a ſlow fire, and keep them continually ſtirring, till the ointment is cold.

TURNER's CERATE, ſee the article of BURNS AND SCALDS.

Yellow BASILICON.

TAKE ſweet Oil a quarter of a pint, Bees Wax, yellow Roſin, and Burgundy pitch, of each a quarter of a pound, Venice Turpentine three quarters of an ounce; mix them together over a ſlow fire.

FINIS.

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